

Jan Selfridge BSc (Hons), MSc

Head of Higher Education

Biography

After studying Business at Bournemouth, my working life started as a graduate trainee with Marks & Spencer. Following a 10 year stint at the M&S Head office in London, I moved on to be involved in the creation and management of a Marlow-based marketing and business development consultancy.

Animals have always been a big part of my life but, initially, not part of my career. Dogs, horses, cats and, when I was a smallish child, a rodent and herpetological collection that caused my mother to have nightmares!

My 'mid-life crisis' (everyone should have one!) led me back to academia and a BSc (Hons) in Animal Behaviour & Welfare, followed by an MSc in Animal Manipulation (McTimoney Chiropractic). My MSc led me to Africa where I was able to study and work with elephants - a species for which I have a great passion. Back home, there is not much call for chiropractic techniques to be applied to elephants but I do still practice, treating mainly horses and dogs, when I am not at BCA in my role as Director of Higher Education.

Publications

Selfridge J., Hedderley S., Charlton S., Cunliffe C. (2016) When it comes to back care, size really doesn't matter. In African safari elephants, does carrying a rider - or multiple riders - impact on musculoskeletal integrity? *Journal of Veterinary Science & Technology*. 7 (5)

Oral presentation at 3rd International Veterinary Congress, London, August 2016
Highlights

Investigation of the effect of weight bearing on joint and limb segment angles in fore and hind limbs of the ridden elephant.

The presence of rider(s) influences MS angles and ROM in the limb segments and joints of elephants.

The use of a saddle may modify the potential for musculoskeletal compromise.